



NORTHWOOD POOL OPENING SAFETY PLAN June 2021

We believe swimming, like walking, hiking, running, and cycling, is a critical healthy activity within our communities. Swimming does not require direct contact. As with all exercise and activity at this time, swimming must comply with standards for social distancing and safety within aquatic facilities. The CDC has indicated that there is no evidence the disease spreads through treated water. Proper operation and maintenance (including disinfection with chlorine and bromine) of these facilities should inactivate the virus in the water.

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Self Health Screening

All Patrons entering facility will have performed a self health check for themselves and their family members

1. Have you been in close contact with a person who has COVID-19?
2. Do they feel unwell with symptoms consistent with COVID-19? *Have they had cough, high temperature, shortness of breath, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of smell or taste?*

If any answers are YES, they should not come into the facility.

COVID-19

COVID-19 WARNING

- The danger of exposure to the coronavirus that causes COVID-19 exists.
- By entering the pool, you take responsibility for your own protection and for disinfecting your hands and anything you touch in the pool area.
- Do not use the pool if you have a cough, fever or other symptoms of illness.
- Maintain at least 6 feet between you and other people who are not a part of your household.

Disinfecting

When cleaning/disinfecting proper PPE should be worn at all times included but not limited to : Gloves, Eye Protecting, Face Mask.

The pool water is constantly being disinfected by chlorine, but there may be a need for extra disinfecting of items outside of the pool, such as:

Door handles inside and outside

Handrails and pool ladders

Restroom doors, faucets, sinks, soap and paper towel dispensers, toilet flush levers and baby changing stations

Drink dispensing equipment and water fountains

Light switches

Lifeguards, Head Staff, or Front Desk will clean these items.. At the very least disinfecting will occur every 2 hours.

Pool Equipment

Patrons may bring their own chairs. , this includes but not limited to: Goggles, Water Toys, Kickboards, flippers, exercise equipment.

Daily Schedule:

Mon-Fri

12:00-1:00 ADULT SWIM

1:00-7:00 OPEN SWIM

Sat-Sun

11:00-7:00 OPEN SWIM

SWIMMING SAFELY Recommendations:

PREPARING TO SWIM - Protect against infections:

- Wash your hands with a disinfectant soap and water (for 20 seconds or longer) or use a hand sanitizer if soap and water are not readily available, before going to the pool.
- Do not share equipment.
- Bring a full water bottle to avoid touching a tap or water fountain handle.
- If you need to sneeze or cough, do so into a tissue or upper sleeve/arm area.
- Arrive as close as possible to when activity begins.
- Avoid touching gates, fences, benches, etc. if you can.
- Do not attend practice if you, or a member of your household does not feel well

WHEN SWIMMING

- Follow directions for spacing and stay at least six feet apart from others.
- Do not make physical contact with others, such as shaking hands or giving a high five.
- Avoid touching your face.
- Avoid sharing food, drinks, or towels.
- Maintain appropriate social distancing from other athletes when taking a break.
- Wear your suit to and from practice. **AFTER SWIMMING**

- Leave the facility as soon as reasonably possible after practice.
- Wash your hands thoroughly or use a hand sanitizer after leaving the pool.
- No extra-curricular or social activity should take place. > No congregation after swimming.

Concessions

We will have concessions this summer